

# Neurodiversity

## 101

It's a big word for a simple idea!

**neuro**  
brain



**diversity**  
range of different kinds



= a range of different kinds of human brain

**neurodiversity**  
is not

a belief system  
a personal opinion  
a political position  
a theory

by itself, it is just a **neutral** fact of human life:

**neurodiversity exists!**

more and more, people are saying they  
**are pro-neurodiversity**  
**support neurodiversity**  
**celebrate neurodiversity**

those are personal opinions; people may agree or disagree that neurodiversity is a good thing, but that it is **REAL** is undeniable.

### **bonus neurodiversity vocab words:**

neurotypical: having the most common, typical kind of brain  
neurodivergent: having any kind of brain that is not neurotypical  
neurodiverse: having a variety of people with neurotypical and neurodivergent brains; refers to a group or group environment, such a family or workplace

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